It is important to serve and pack food in safe packaging and serving materials. Use of packaging materials such as newspaper, plastic, thermocol for heated foods can have negative health effects in the long term. The contact of heated food with these packaging material can cause cancer and brain disorders. Therefore, it is important to serve/pack food in safe packaging material.

**Serving and packing material**

- **Roti, Parantha, Samosa, Pakore etc.**
  - Newspaper (×)
  - Plain paper/ Tissue paper/ Clean Cloth/ Paper Napkin (✓)

- **Vegetable, Curry, Dal, Rice, Other Hot Cooked Foods etc.**
  - Plastic Containers (×)
  - Steel/Glass Containers (✓)

- **Tea/Coffee**
  - Plastic/ Thermocol Cups and Polythene (×)
  - Steel/Glass/Earthen Container (✓)