

## **SNF@School – Safe and Nutritious Food Festival 2018**

**Delhi Public School, R.K. Puram  
3 February 2018**

SNF@ School is a nation-wide campaign to help school children inculcate the habit of eating safe and eating right. Delhi Public School, R.K. Puram was the proud host of the first Inter School 'Safe and Nutritious Food Festival', SNF@School, held on 03 February 2018, organised by the Biology Department.

A total of 16 schools from across Delhi sent in their students from classes VI to XI for various events, namely 'Nutritious Can Be Delicious,' an On-the-Spot Fireless Cooking Challenge; 'Eat Right, Be Right,' a Quiz Contest, and 'Healthy Self, Heal Thyself,' a Just-A-Minute Competition. 40 students from 6 MCD Schools along with their teachers visited the school and got a feel of all the events. A street play on good food habits was organised for the students in the stage area.

Ms Namrata Khanna, Project Lead of SNF@School, FSSAI graced the event with her presence. The Valedictory Function began with the felicitation of the guests by the Principal, Ms Vanita Sehgal. In her welcome address, she acknowledged the entire Biology Department's efforts and shared how food affected her happiness in life positively. Praising Indian food for providing a balanced diet, she concluded by reminding them that winning was not everything – rather, coming together for an important cause was.

Next, a Ganesh Stuti was presented to invoke the blessings of Lord Ganesha, which was followed by introduction of Master Sehat and Miss Sehat, Mascots of SNF@School, who enlightened the audience about healthy eating habits. The students from MCD schools were delighted to meet Master and Miss Sehat, Rohan and Riya of Sehat team.

The winner of 'Nutritious Can Be Delicious,' showcased their item and apprised of it to the audience.

The Expressions Theatre Club of the school astounded the audience with their edifying street play on healthy food habits.

Ms Namrata Khanna, who is also an alumna of the school, was very proud to say that DPS, RK Puram was a forerunner of SNF@School. She felt that the event was a complete success as the message came across appropriately.

The Prize Distribution ceremony was conducted by Ms Niva Chhonkar, Head of the Biology Department. The winners of all the events were awarded certificates and trophies.

"Healthy Self, Heal Thyself – Just A Minute" was won by Air Force Bal Bharti School, Lodi Road, while Hope Hall Foundation School, R K Puram came second and Bloom Public School, Vasant Kunj came third.

Hope Hall Foundation School, R K Puram won the first prize in the "Eat Right Be Bright – Quiz", followed by Bhatnagar International School, Vasant Kunj and The Air Force School, Subroto Park in the second and third places respectively.

The first prize for "Nutritious Can Be Delicious – Fireless Cooking" was bagged by SS Mota Singh Model School, Paschim Vihar, the second position by The Indian School, Sadiq Nagar while the third prize went to Mount Abu School, Rohini.

The Overall winner was Hope Hall Foundation School, R K Puram.

The vote of thanks was delivered by the Vice Principal, Ms Anita Singh, who thanked the guests and the organizers of the programme and wished the students the best for the future. The event concluded with group photographs of the organizing staff and the Indian National Anthem. It proved to be an enlightening and inspiring event for all its participants and spectators.