

# Eat Right School Matrix

## What is the ERM?

The Eat Right School matrix has been conceptualized by FSSAI as a monitoring and evaluation tool to assist in creating a safe and wholesome environment from childhood. The matrix has been created for ease of implementing various school focussed programmes across ministries. This matrix is an amalgamation of the pre-requisites and desirables that each and every school must incorporate in their management/teaching practices.

## Instructions for Schools: *(Please read the following before filling up the matrix)*

- Any recognised school can register for the Eat Right School Programme
- The general information must be provided
- The matrix has three sections with scores attached to it.
- The schools may furnish information annually
- The school will be provided with a certificate once the ERM has been submitted.
- The certificate will be valid for two years.
- The resources required to become an Eat Right School are placed at <https://www.fssai.gov.in/eatrightschool/>

## Marking Scheme

- The Eat Right Matrix has been made keeping in mind the convergence with all programmes pertaining to schools so that a holistic view may be undertaken.
- Section A has to be filled by all schools and has 32 marks.
- Section B is for schools (Govt/Govt Aided) that provide IFA supplementation and Deworming tablets. It is of 2 marks in total.
- Section C is for any school that has a eating or a food distribution facility. It comprises of 12 marks.
- Passing Score
  - Section A – Min 75% - 24/32
  - Section A+B (if applicable) – Min 75% of A+ Min 50% of B- 25/34
  - Section A+B+C (if applicable)- Min 75% of A+ Min 50% of B and C- 31/46

## Enrolment Form

### General Information

1. Name of the School .....
2. Address of School .....
3. Type of School – Government/ Private/ Govt funded
  - a. Primary b. Middle c. Senior d. Residential e. Day-boarding
4. Name of the Principal .....
5. Nodal Contact Details
  - a. Name ..... Designation .....
  - b. Mobile.....Email .....
6. School Affiliation Code .....
7. Student Strength – Primary ..... Middle ..... Senior .....
8. Food Business Operator –
  - a. Canteen/Food Shop/Vendors/Kiosk
  - b. Kitchen/Mess
  - c. None
9. Mid-day Meal
  - a. Provided – Yes ..... No.....

### Eat Right School Checklist

<b>Section A: For all schools</b>				
<b>S.no</b>	<b>Action by School</b>	<b>Evidence</b>	<b>Total Points</b>	<b>Remarks</b>
<b>Curricular &amp; Co-Curricular Inclusion</b>				
<b>1.</b>	Supplement ongoing curriculum with Eat Right resource material (Yellow Books 1 & 2, Activity Book/ Adulteration test kit/Food Safety Guidebook for teachers / Pink Book/)	Certificate by the Principal	10	<ul style="list-style-type: none"> <li>5 points for inclusion of Yellow Book in at least 5 classes</li> <li>2 Points for Activity book in at least 3 classes</li> <li>2 Points for Food Safety Guidebook for teachers in at least 6 classes</li> <li>1 point for Pink Book in at least 2 classes</li> </ul>
<b>2.</b>	Engage students in co-curricular activities (school assembly/poster/debate /Prabhat Pheris/Workshops etc.)	Activity schedule + Photos/ report certified by principal	10	2 points for each activity conducted
<b>3.</b>	Health & Wellness Ambassador/s nominated and certified through online certification program (Eat Right School portal)	Upload Online certificate for all certified H&W coordinators. Minimum two ambassador	2	1 point for each Certified H&W Ambassador

4.	Encourage eating fruits, healthy local and seasonal snacks (makhana, nuts, puffed rice, millets etc.) and healthy beverages (water, coconut water, lassi, nimbu paani etc) and green leafy vegetables in Tiffin	Advisory note to parents by the school authority + Menu Plan	2	1-Administrative action taken by school 1- Any best practice or innovation by the school
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**Alignment with WASH Programme/ Swachh Vidyalaya Scheme**

5.	Availability of portable drinking water	Photo + certificate from the head of the school	2	Yes – 2 No - 0
6.	Dust bins are provided & waste disposal is done regularly	Photo + certificate from the head of the school	2	Yes – 2 No - 0
7.	Availability of hand washing facilities(soap/water)	Photo + certificate from the head of the school	2	Yes – 2 No - 0
8.	Availability of operational toilets	Photo + certificate from the head of the school	2	Yes – 2 No - 0
<b>Total Marks</b>		<b>32</b>		

**Section B: For Govt/Govt aided Schools only**

**Alignment with School Health Programme**

9.	Encourage students to consume IFA tablet and deworming tablets as per MoHFW guidelines	Share certified monitoring schedule	2	1 – IFA supplementation 1 – Deworming tablets
<b>Total Marks</b>		<b>2</b>		

**Section C: For Govt/Govt aided Schools and Private Schools with Mess/Kitchen/Catering/Food Vendor**

Alignment with Nutrition Programmes				
10.	Licensing/Registration of canteens/kitchens/food vendors with FSSAI	Upload the document with registration/licence number provided by FSSAI	2	2 -To be done on the FSSAI FLRS website
11.	Hygiene Rating of the canteens/kitchens/food vendors	Upload the certificate with the Hygiene Rating	5	5 – hygiene rating to be done by third party audit agencies listed by FSSAI
12.	Provide fruits, healthy local and seasonal snacks (makhana, nuts, puffed rice, millets etc.) and healthy beverages (water, coconut water, lassi, nimbu paani etc) and green leafy vegetables in mid-day meal menu/Mess/Kitchen/Canteen	Upload Menu Plan of the food being provided in MDM/ Canteen/Mess/ Kitchen	5	5– Inclusion of local and seasonal/ nutritious foods/ healthy beverages in MDM/ Canteen/Mess/Kitchen
<b>Total Marks</b>		<b>12</b>		
<b>GRAND TOTAL (46)</b>			<b>Section A - 32</b> <b>Section B - 2</b> <b>Section C - 12</b>	

## Self-Declaration

All the information filled in this application is True, Complete and Correct to the best of my knowledge and belief. We would like to participate in the 'Eat Right School' initiative and wish to be declared as 'Eat Right School'.

Name:

Date:

Signature (Head of the School):

School Stamp: